

MIANUS RIVER PARK TRAIL MAP

	Carriage Road		Yellow Loop Length: 4.5 mi - Elevation Gain: 356 ft.
	Trail		Green Loop (Nature Trail) Length: 2.6 mi - Elevation Gain: 223 ft.
	Unmarked Trail		Crossover Trail Length: 0.4 mi - Elevation Gain: 50 ft.
	Streams/River		Mianus River Park
	Water		Mianus River State Park
	Parking		

About Mianus River Park

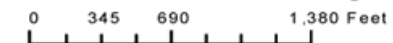
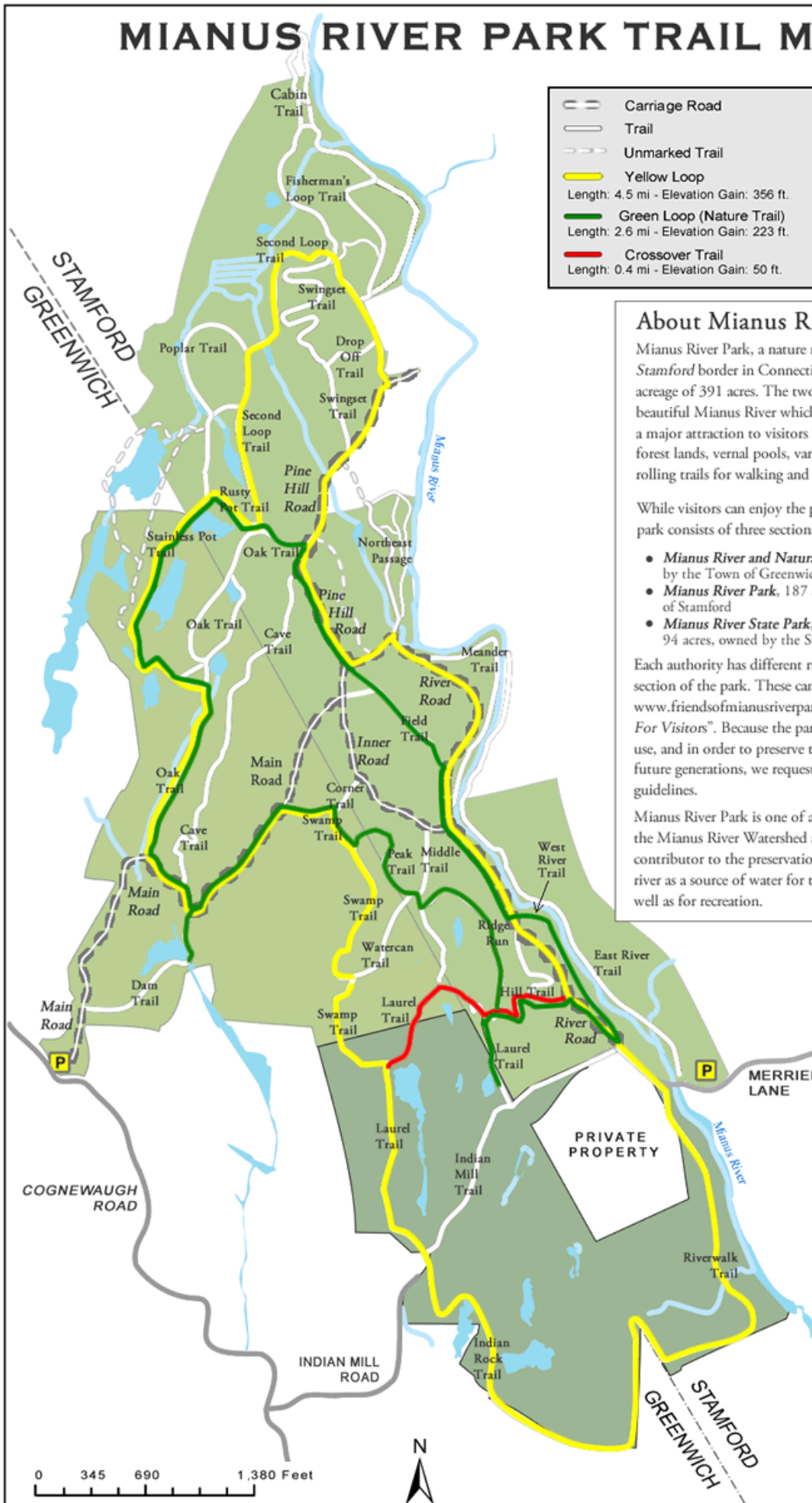
Mianus River Park, a nature reserve on the *Greenwich / Stamford* border in Connecticut, has a total combined acreage of 391 acres. The two mile stretch of the beautiful Mianus River which flows through the park is a major attraction to visitors but the park also offers fine forest lands, vernal pools, varied wildlife and miles of rolling trails for walking and other recreational activities.

While visitors can enjoy the park as a single area, the park consists of three sections:

- **Mianus River and Natural Park**, 110 acres, owned by the Town of Greenwich
- **Mianus River Park**, 187 acres, owned by the City of Stamford
- **Mianus River State Park**, also known as *Treetops*, 94 acres, owned by the State of Connecticut

Each authority has different rules for their respective section of the park. These can be found at www.friendsofmianusriverpark.org under "Guidelines For Visitors". Because the park suffers from heavy visitor use, and in order to preserve the parkland for this and future generations, we request visitors to follow the guidelines.

Mianus River Park is one of a series of green areas in the Mianus River Watershed and is an important contributor to the preservation and protection of the river as a source of water for the local community as well as for recreation.



The Friends of Mianus Park
visit our website:
www.friendsofmianusriverpark.org