

From London Pacers: The 5K course It starts just west of the stone cottage at the Pacer Start/Finish post. Go east, take a small jog south and east again up Animal Hill. The 1K post is on the left. Continue past the little pond and up the hill that exits the park. Part way up the hill you will see the Pacer turn-around post on the right. Turn around back down the hill and continue west on the path nearest the river. The Pacer 2K post is on the left. Continue west past the Pump House (washroom and a water fountain). The 3K post is on the right just before the road heads down the hill towards the dam. Continue west up Dam Hill. The 4K post is on the left just as the road turns south. Continue around the curve and head east again. You will pass another washroom. The 5K ends back at the Pacer start/finish post.