

# EAST SIDE TRAIL

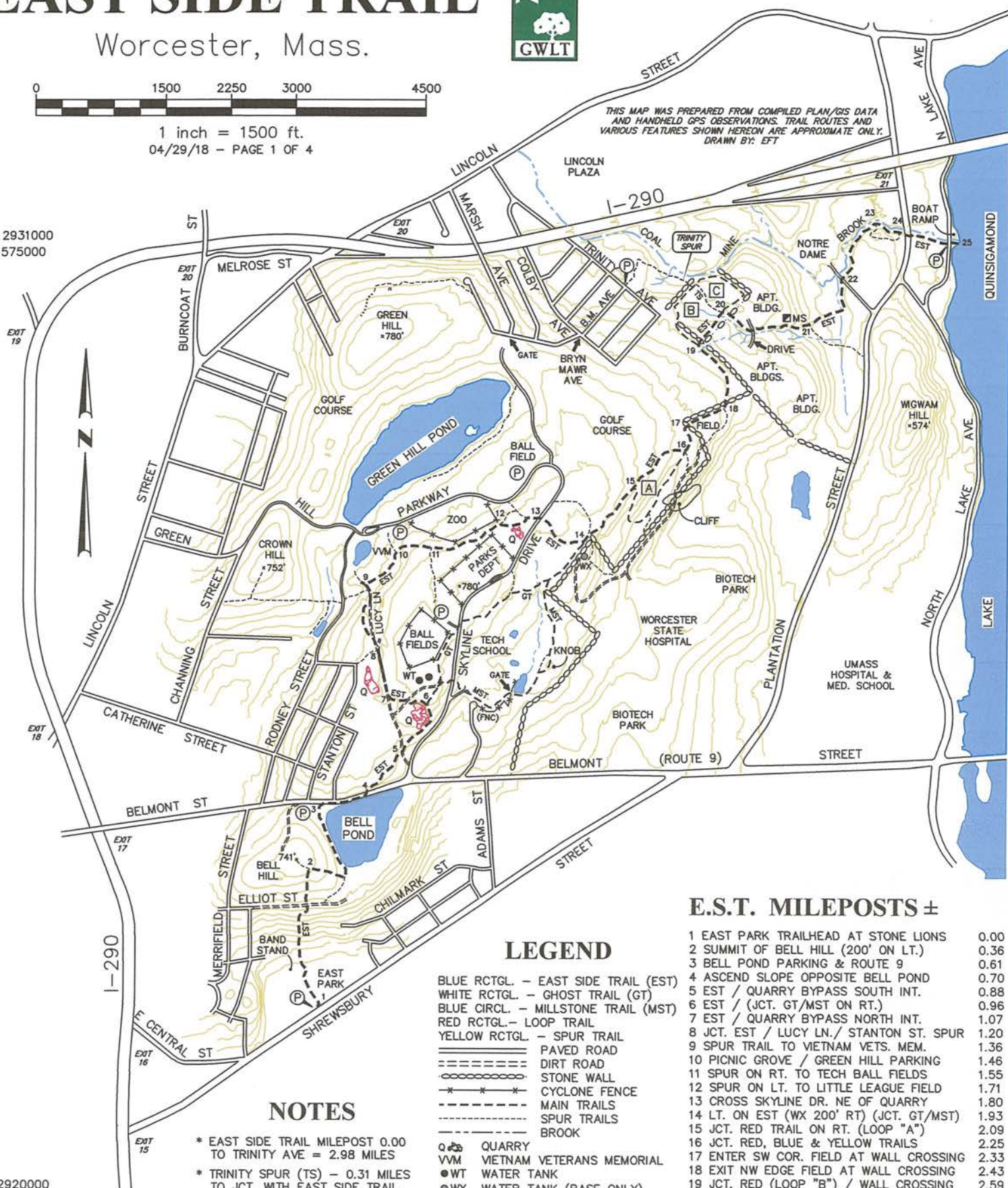
Worcester, Mass.



1 inch = 1500 ft.  
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N 2931000  
E 575000

THIS MAP WAS PREPARED FROM COMPILED PLAN/GIS DATA  
AND HANDHELD GPS OBSERVATIONS. TRAIL ROUTES AND  
VARIOUS FEATURES SHOWN HEREON ARE APPROXIMATE ONLY.  
DRAWN BY: EFT



## NOTES

- \* EAST SIDE TRAIL MILEPOST 0.00 TO TRINITY AVE = 2.98 MILES
- \* TRINITY SPUR (TS) - 0.31 MILES TO JCT. WITH EAST SIDE TRAIL AND BROOK LOOP (LOOP "C")
- \* GHOST TRAIL (GT) - 0.57 MI
- \* MILLSTONE TRAIL (MST) - 0.69 MI (MST BLAZED S OF TECH SCHOOL BY FENCE ± E TO GATE AT POND)

## LEGEND

- BLUE RCTGL. - EAST SIDE TRAIL (EST)
- WHITE RCTGL. - GHOST TRAIL (GT)
- BLUE CIRCL. - MILLSTONE TRAIL (MST)
- RED RCTGL. - LOOP TRAIL
- YELLOW RCTGL. - SPUR TRAIL
- ===== PAVED ROAD
- DIRT ROAD
- STONE WALL
- CYCLONE FENCE
- MAIN TRAILS
- SPUR TRAILS
- BROOK
- Q QUARRY
- VVM VIETNAM VETERANS MEMORIAL
- WT WATER TANK
- WX WATER TANK (BASE ONLY)
- A LEDGE LOOP 0.30 MI
- B BROOK LOOP S 0.16 MI
- C BROOK LOOP N 0.16 MI
- P PARKING
- MS MINE SHAFT

## E.S.T. MILEPOSTS ±

- |  |      |
|--|------|
| 1 EAST PARK TRAILHEAD AT STONE LIONS     | 0.00 |
| 2 SUMMIT OF BELL HILL (200' ON LT.)      | 0.36 |
| 3 BELL POND PARKING & ROUTE 9            | 0.61 |
| 4 ASCEND SLOPE OPPOSITE BELL POND        | 0.70 |
| 5 EST / QUARRY BYPASS SOUTH INT.         | 0.88 |
| 6 EST / (JCT. GT/MST ON RT.)             | 0.96 |
| 7 EST / QUARRY BYPASS NORTH INT.         | 1.07 |
| 8 JCT. EST / LUCY LN. / STANTON ST. SPUR | 1.20 |
| 9 SPUR TRAIL TO VIETNAM VETS. MEM.       | 1.36 |
| 10 PICNIC GROVE / GREEN HILL PARKING     | 1.46 |
| 11 SPUR ON RT. TO TECH BALL FIELDS       | 1.55 |
| 12 SPUR ON LT. TO LITTLE LEAGUE FIELD    | 1.71 |
| 13 CROSS SKYLINE DR. NE OF QUARRY        | 1.80 |
| 14 LT. ON EST (WX 200' RT) (JCT. GT/MST) | 1.93 |
| 15 JCT. RED TRAIL ON RT. (LOOP "A")      | 2.09 |
| 16 JCT. RED, BLUE & YELLOW TRAILS        | 2.25 |
| 17 ENTER SW COR. FIELD AT WALL CROSSING  | 2.33 |
| 18 EXIT NW EDGE FIELD AT WALL CROSSING   | 2.43 |
| 19 JCT. RED (LOOP "B") / WALL CROSSING   | 2.59 |
| 20 JCT. RED (LOOP "C") / TRINITY SPUR    | 2.67 |
| 21 COAL MINE SHAFT / SPUR TRAIL ON RT.   | 2.86 |
| 22 CROSS NOTRE DAME DRIVEWAY             | 3.05 |
| 23 SPUR TRAIL ON RT. TO KNOLL            | 3.21 |
| 24 KNOLL SPUR ON RT. ± / PLANTATION ST.  | 3.29 |
| 25 LAKE QUINSIGAMOND / END EST           | 3.44 |

N 2920000  
E 575000  
MASS STATE PLANE  
COORDINATE SYSTEM

# EAST SIDE TRAIL

Worcester, Mass.

[www.gwlt.org](http://www.gwlt.org)

The East Side Trail was initially conceived in the mid 1980's and envisioned as a continuous greenbelt linking East Park (Cristoforo Colombo Park) with Lake Quinsigamond. Construction of the trail commenced in the spring of 1997 with the original route being completed in a span of just over three weeks. Due to the construction of the Worcester Technical High School at Green Hill Park, a major portion of the trail was relocated away from the school site in the fall of 2003.

The current trail route begins at the twin stone lions flanking the entrance to East Park on Shrewsbury Street. Following a walkway through the park, it then climbs steeply to the top of Bell Hill. From the summit, just off the trail, limited views may still be had. Descending – partly by a guardrail – the trail reaches and skirts the westerly shores of Bell Pond. It then runs a short distance along and crosses Route 9, ascending a ledge slope entering into Green Hill Park.

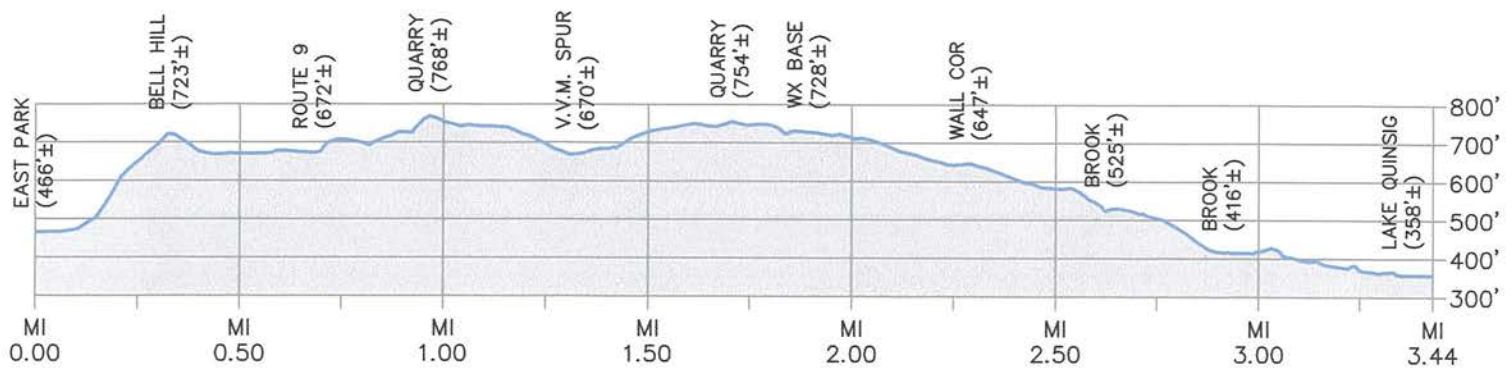
The lands comprising Green Hill Park were first settled in 1755 by Thomas Green. The property passed from father to son until it was deeded to the City in 1905 with the understanding it would remain as a park in perpetuity. Passing an overlook of Bell Pond, the trail reenters the woods following cart paths and a foot trail to the site of an old stone quarry, one of several on Millstone Hill. Much of early Worcester's foundation stone and curbing was quarried from here.

Moving into the core of Green Hill Park the trail travels along a section of Lucy Lane, passing a spur trail on the left to the Vietnam Veterans Memorial, before turning back onto a network of serpentine foot trails. Past the Barnyard Zoo and a small quarry, the trail turns east and crosses Skyline Drive. At a cart road junction just north of the old water tank base, the East Side Trail rejoins its original route. The many stone walls in this section were built by a former resident of Worcester State Hospital. Working six days a week, never on Sunday and always alone, the several miles of remaining walls are testament to his more than thirty years of efforts.

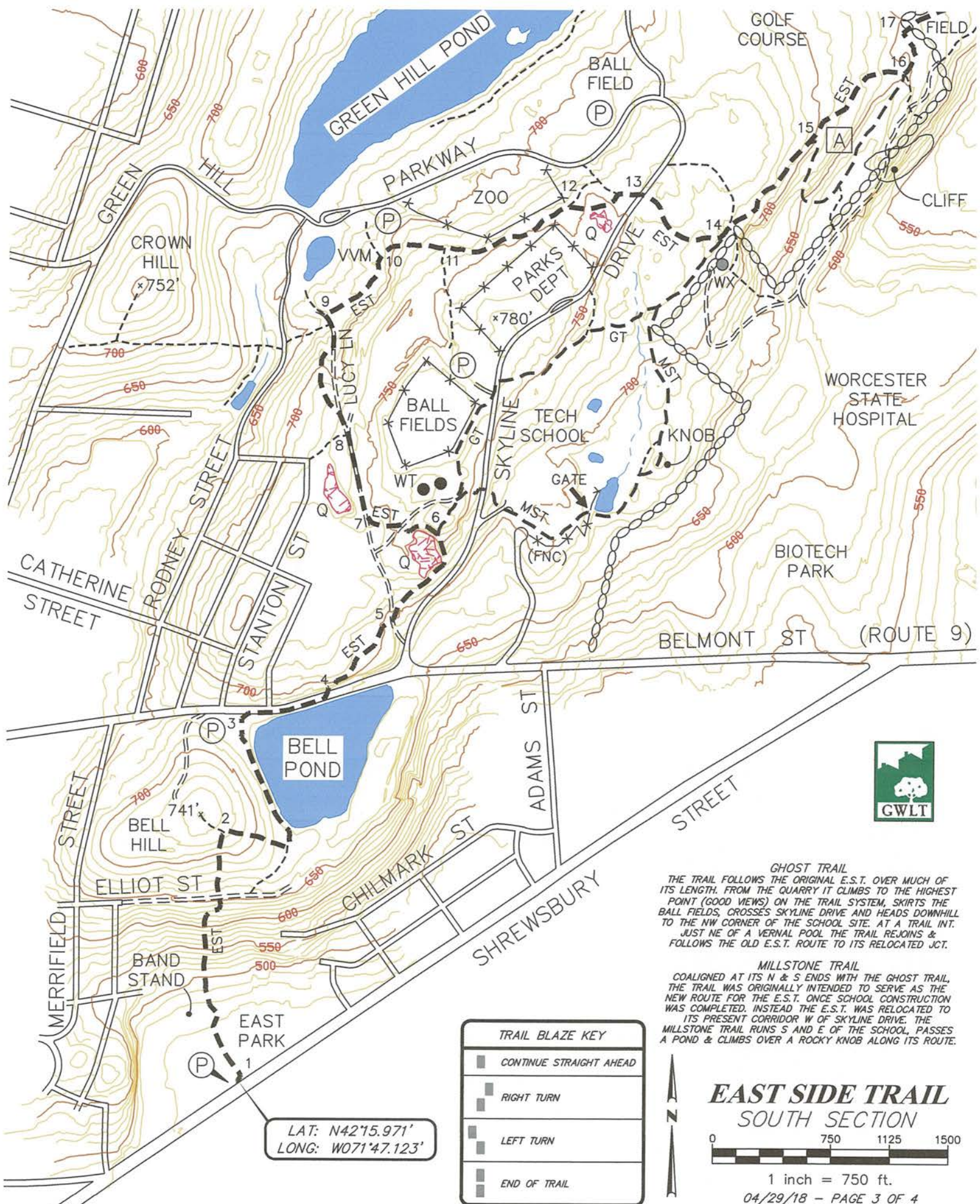
Traversing an open field the trail runs alongside, then crosses a stone wall, entering the northerly portions of Green Hill Park. The trail descends through a high canopied forest to a junction with the Trinity Spur & Brook Loop, at a small brook crossing. Heading east over private property, the trail crosses a paved drive before arriving at a ledge overhang, site of the old coal mine shaft. Known as Nackor's mine it produced much coal at first but the coal was of poor quality and the mine was finally abandoned. Nearby Indians used the black lead as part of their war paint.

Passage over other private lands northeast of the shaft – permitted by a trail easement granted in June 2011 – allows for an unbroken trail route of nearly 3.5 miles from Shrewsbury Street to Lake Quinsigamond and completes the trail after 14 years of efforts. In 2018 the Brook Loop was expanded. It's bisected into equal halves by the Trinity Spur; a main access trail between the East Side Trail and Trinity Avenue. The southerly half of the Brook Loop runs on the Fisher Link, the northerly half on the Brook Trail. Other spur trails not previously shown have been added.

## EAST SIDE TRAIL ELEVATION PROFILE



1" = 2500' / VERTICAL EXAGGERATION: 5



**GHOST TRAIL**  
THE TRAIL FOLLOWS THE ORIGINAL E.S.T. OVER MUCH OF ITS LENGTH. FROM THE QUARRY IT CLIMBS TO THE HIGHEST POINT (GOOD VIEWS) ON THE TRAIL SYSTEM, SKIRTS THE BALL FIELDS, CROSSES SKYLINE DRIVE AND HEADS DOWNHILL TO THE NW CORNER OF THE SCHOOL SITE. AT A TRAIL INT. JUST NE OF A VERNAL POOL THE TRAIL REJOINS & FOLLOWS THE OLD E.S.T. ROUTE TO ITS RELOCATED JCT.

**MILLSTONE TRAIL**  
COALIGNED AT ITS N & S ENDS WITH THE GHOST TRAIL, THE TRAIL WAS ORIGINALLY INTENDED TO SERVE AS THE NEW ROUTE FOR THE E.S.T. ONCE SCHOOL CONSTRUCTION WAS COMPLETED, INSTEAD THE E.S.T. WAS RELOCATED TO ITS PRESENT CORRIDOR W OF SKYLINE DRIVE. THE MILLSTONE TRAIL RUNS S AND E OF THE SCHOOL, PASSES A POND & CLIMBS OVER A ROCKY KNOB ALONG ITS ROUTE.

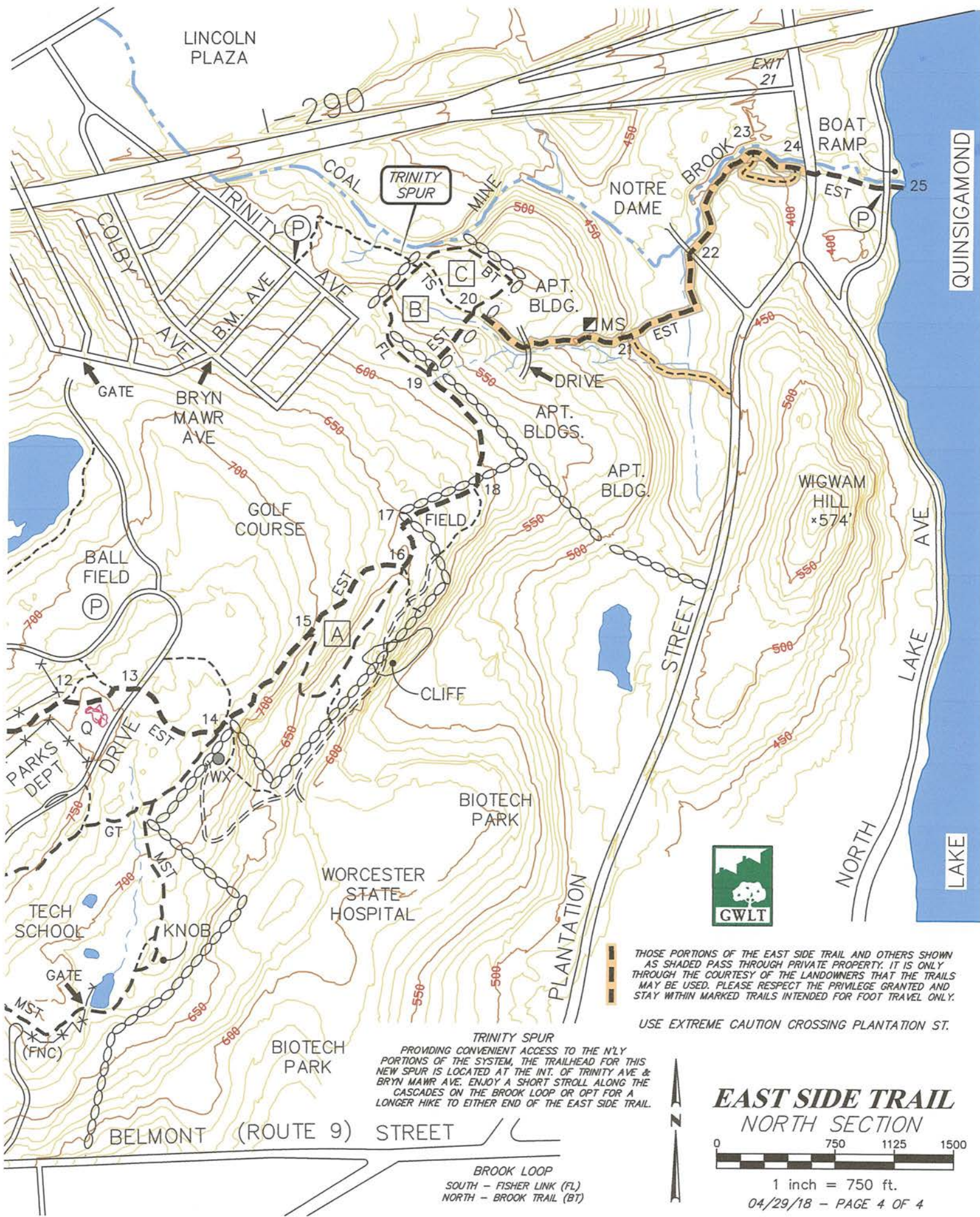
| TRAIL BLAZE KEY |                         |
|-----------------|-------------------------|
|                 | CONTINUE STRAIGHT AHEAD |
|                 | RIGHT TURN              |
|                 | LEFT TURN               |
|                 | END OF TRAIL            |



**EAST SIDE TRAIL**  
**SOUTH SECTION**

0 750 1125 1500

1 inch = 750 ft.  
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LINCOLN PLAZA

1-290

COAL MINE

TRINITY SPUR

NOTRE DAME

BROOK

BOAT RAMP

QUINSIGAMOND LAKE

WIGWAM HILL  
\*574'

LAKE AVE

NORTH

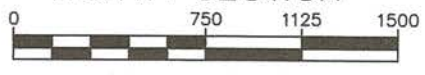


THOSE PORTIONS OF THE EAST SIDE TRAIL AND OTHERS SHOWN AS SHADED PASS THROUGH PRIVATE PROPERTY. IT IS ONLY THROUGH THE COURTESY OF THE LANDOWNERS THAT THE TRAILS MAY BE USED. PLEASE RESPECT THE PRIVILEGE GRANTED AND STAY WITHIN MARKED TRAILS INTENDED FOR FOOT TRAVEL ONLY.

USE EXTREME CAUTION CROSSING PLANTATION ST.

**TRINITY SPUR**  
PROVIDING CONVENIENT ACCESS TO THE N'LY PORTIONS OF THE SYSTEM, THE TRAILHEAD FOR THIS NEW SPUR IS LOCATED AT THE INT. OF TRINITY AVE & BRYN MAWR AVE. ENJOY A SHORT STROLL ALONG THE CASCADES ON THE BROOK LOOP OR OPT FOR A LONGER HIKE TO EITHER END OF THE EAST SIDE TRAIL.

# EAST SIDE TRAIL NORTH SECTION



1 inch = 750 ft.

**BROOK LOOP**  
SOUTH - FISHER LINK (FL)  
NORTH - BROOK TRAIL (BT)